

BRØNNØYSUND

– EXCURSION MANUAL –

A warm welcome to the CenterPoint of Norway and the southernmost part of Northern Norway. Brønnøysund celebrate its 100 years in 2023, and even though the town is young the area has more than 10.000 years of history and thousands of islands. We are happy to invite you to some unique experiences in nature, history and into modern Norwegian life.

Torghatten is our most known landmark, inviting guests to mythical stories and spectacular geology.

The Southern-Helgeland Region has two UNESCO sites. The Vega UNESCO world Heritage shares the islanders and fishing-farmers lives through thousands of years. The Trollfjell UNESCO Geopark informs us about some of the many geological sites in the region and Torghatten is one of them.

This year we offer some new excursions, some more exclusive and private and other that are more suitable for the whole family. It is easy to bike in the Brønnøysund surroundings in the flat coastal landscape. We have a variety of bike tours for guests to combine exciting experiences with physical exercise for most levels. We are also opening for tours all year round, including winter activities.

OUR EXCURSIONS

-2023-

Map and distances

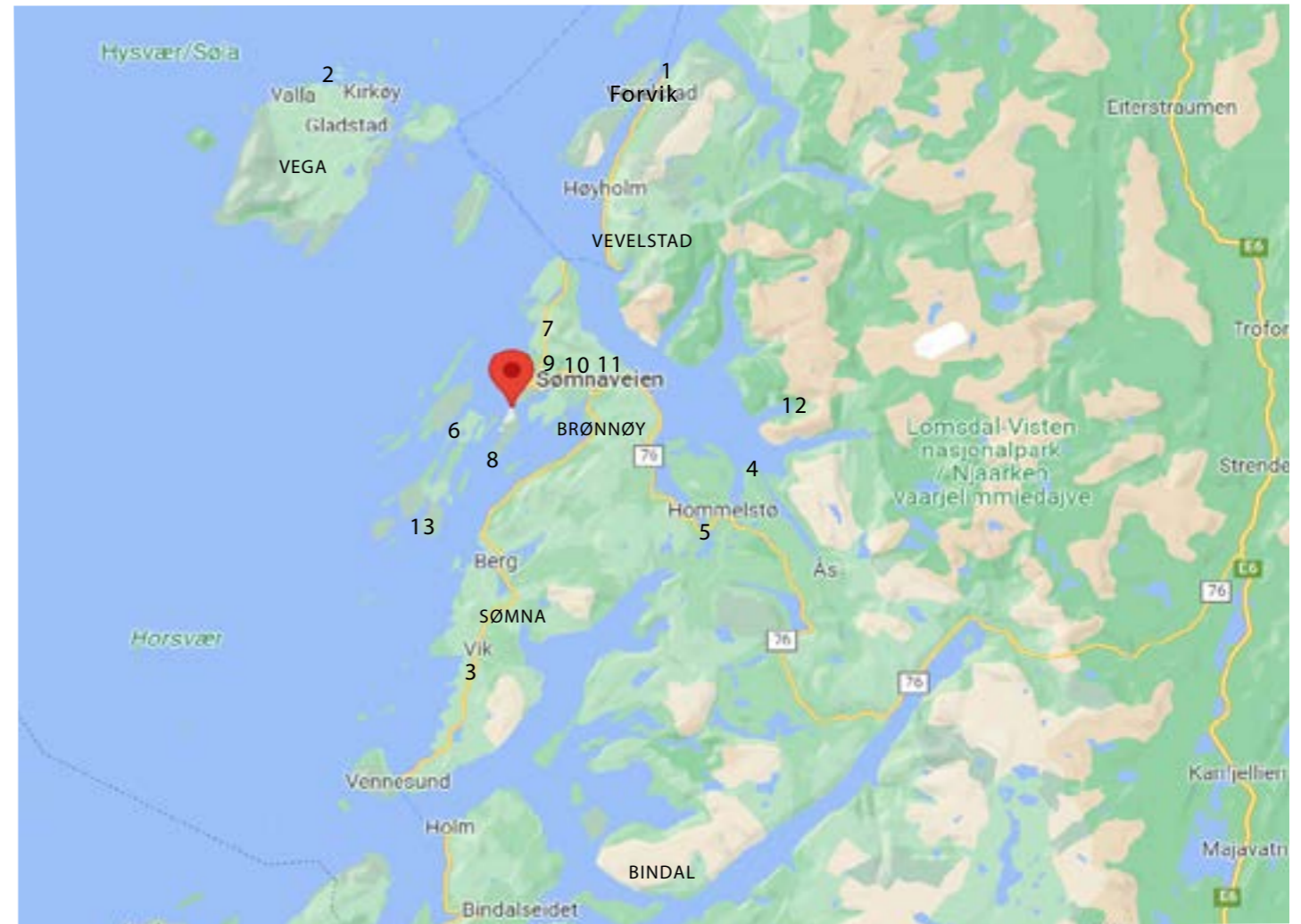
- Torghatten - The mythic mountain
- Torghatten - Bike and hike NEW
- Torghatten - Rib and hike NEW
- Torghatten - EXTREME NEW
- Torghatten - A mythic winter hike NEW
- The Norwegian Aquaculture centre
- Panorama bus tour Brønnøysund
- Town walk & concert in Brønnøy Church
- Home visit - afternoon coffee NEW
- Skarsåsen - and walk on water NEW
- Photo Bike Ride NEW
- Dragereiret - Meet a modern viking NEW
- A bike ride to Hildurs Herbgarden NEW
- Rib tour - Islads of the north
- Exclusive Yacht - Toghatten NEW
- Romantic islands - Helgeland Yaucht NEW
- Luxury fishing - Fishing NEW
- A fun day for all ages NEW
- Kayaking - Among islands NEW
- A panorama bikeride - Visit an artist NEW
- Sømna museum - Flatbread baking
- Velfjord - New and old traditions NEW
- Lomsdal Visten National Park NEW
- Vevelstad museum and good coffee NEW
- Nevernes Havn - Coastal lives
- The Vega Archipelago - World Heritage

Price list
Photo credit



MAP AND DISTANCES

- THE SOUTHERN HELGELAND AREA -



From Brønnøysund Town Centre to:

1. Forvik, Vevelstad: appr. 40 km including a 20 min ferry
2. Gardsøya, Vega: appr. 44 km including a 50 min ferry*
3. Vik, Sømna: 36,5 km
4. Nevernes Havn, Velfjord: 40,5 km
5. Hommelstø, Velfjord: 32,5 km
6. Norwegian Aquaculture Centre, Toft: 7 km
7. Hildurs Urterarium, Tilrem: 6,5 km
8. Hildurlåven, Laukholmen: 3,7 km
9. The Skarsåsen forstress and recreation area: 4,2 km
10. Jumping stones, Trælvikosen: 6 km
11. Gåsheia recreation area: 12 km
12. Visten Lomsdal National Park: appr. 15 km plus boat
13. Torghatten: 14,5 km
14. Northern Port Gårdsøya to Centre Port Midthavna: 2,6 km

*There are various options for travelling to and from Vega, please contact us for alternatives

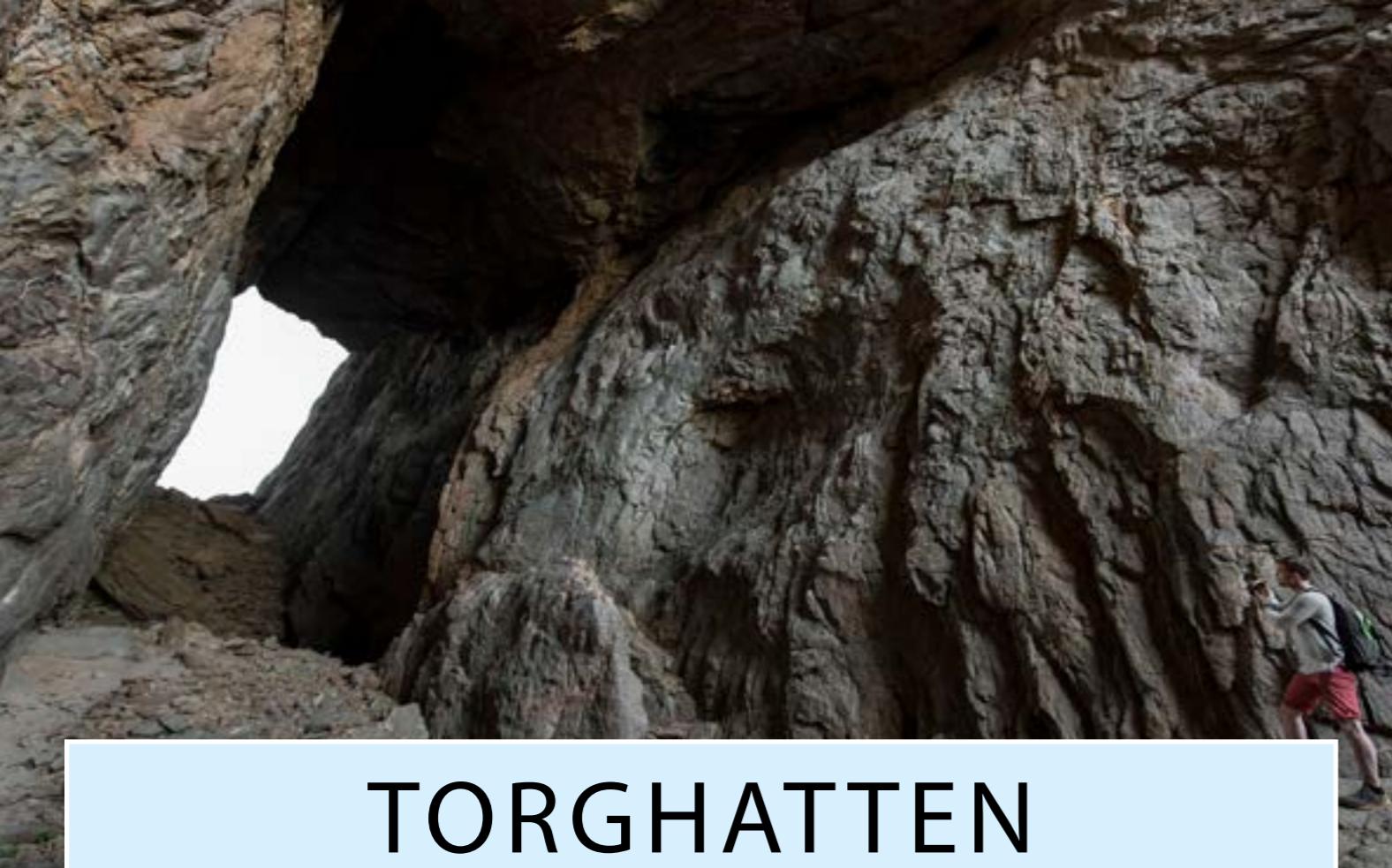
The Tourist Information and Visit Helgeland/
Brønnøysund: Sømnavegen 92, close to
the Centre Port Midthavna

Northern Port Gårdsøya

Centre Port Midthavna



The Centre Port Midthavna is alongside the main
Bus station which usually is used as shuttle bus
stop in the town centre.



TORGHATTEN

– THE MYTHIC MOUNTAIN –

Torghatten is one of Norway's most iconic tourist attractions, known for its spectacular hole through the mountain. People feel small as they wander through the cathedral like hole. The mountain, like many along the Helgeland Coast, is the subject of myths and legends and it is a place which visitor simply must go when they come to Brønnøysund.

The bus tour starts with a sightseeing through town, before crossing the Brønnøysund Bridge and continuing along the island Torget to the foot of Torghatten. We follow a natural path up the mountain, and after around 30 minutes we reach the entrance. From here, we can enjoy the fantastic view and walk through the hole itself before following the same path down again.

Torghatten is one of many geological sites that are part of the Trollfjell UNESCO Global Geopark.

- We recommend good shoes, walking sticks when available. Wear clothes according to weather. A medium leveled hike in nature.

Contact Shore ex Brønnøysund for the South-Helgeland area: Vevelstad, Sømna, Bindal, Vega and Brønnøy municipalities:

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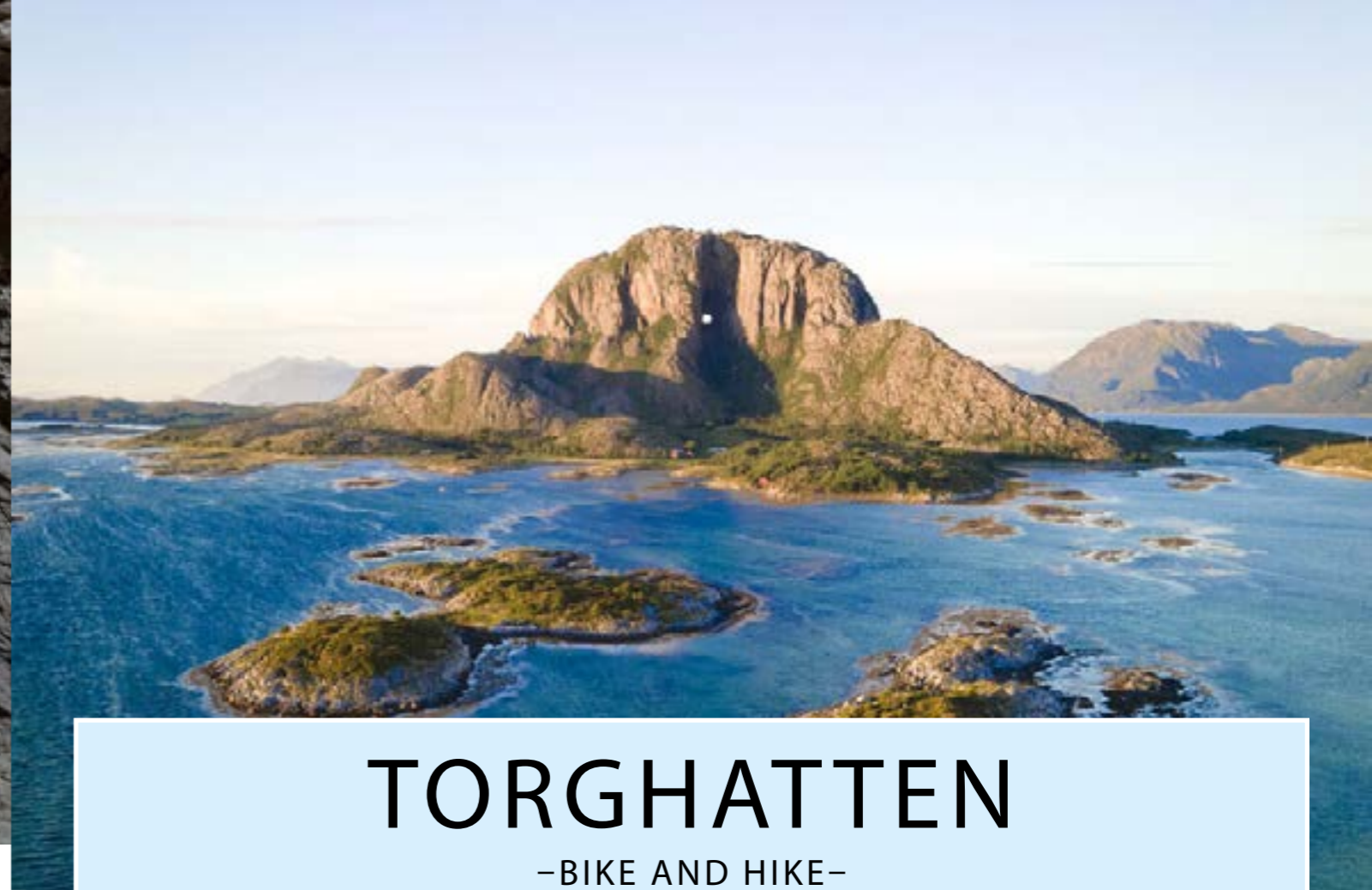
Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Season: 1st of April - 31st of October

Minimum: 25
Maximum: 90 (more if group visits spread out during the day)

Level: 2-3



Visit Helgeland
www.visithelgeland.com
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TORGHATTEN

– BIKE AND HIKE –

Torghatten is one of Norway's most iconic tourist attractions, known for its spectacular hole through the mountain. We invite you to a guided bike ride and a hike up to the hole.

The guide meets you at the pier where the bikes are ready for you when you arrive. The route goes through the town centre to the Brønnøysund bridge. The bridge gives you the best view over the coastal town and a panoramic view of Torghatten. The group continues the bike ride over the Torget island, mostly on flat roads. At the foot of Torghatten we park our bikes and start on the 30 min hike up to the hole. It is possible to go through the hole before we return down to the parking where you get to taste a local snack and drink. Then it is time to return to the ship. Here you may ride the bike back, or on request we can arrange a bus ride back to port.

Torghatten is one of many geological sites that are part of the Trollfjell UNESCO Global Geopark.

Good shoes and clothes according to the weather. A medium levelled bike ride and hike in nature.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Season: 1st of April - 31st of October when weather permits

Minimum: 8
Maximum: 24

Level: 3



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TORGHATTEN

–RIB AND HIKE–

Torghatten is one of Norway's most iconic tourist attractions, known for its spectacular hole through the mountain.

We welcome you to join us on a RIB tour to Torghatten, smell the salt sea and come closer to the shoreline. At Torghatten the guide welcomes you at the dock and lead you to the hole in the mountain.

If you prefer a bus ride back to port, then we can arrange this on request. Or you join the RIB once again, and when possible, we go a detour for the most beautiful view of Torghatten from the sea before returning to the dock and your ship.

On request we can arrange a lunch at the Strand Restaurant or the Torgarhaugen café.

Torghatten is one of many geological sites that are part of the Trollfjell UNESCO Global Geopark.

We recommend warm clothes and good hiking shoes.

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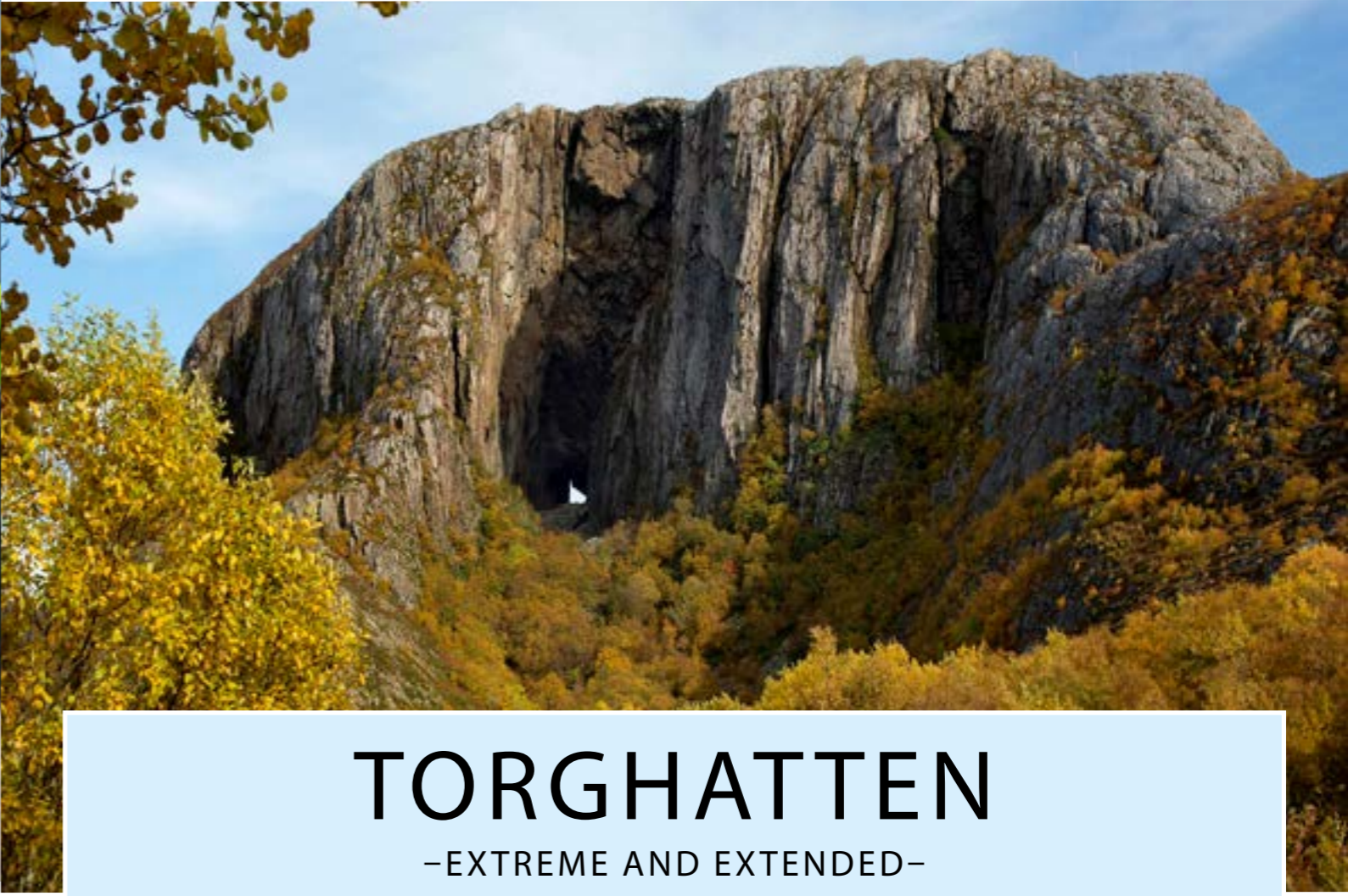
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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Transport: Bus
Season: 1st of November- 31st of March

Minimum: 12
Maximum: 44

Level: 2-3



TORGHATTEN

–EXTREME AND EXTENDED–

Torghatten is one of Norway's most iconic tourist attractions, known for its spectacular hole through the mountain. Most people only visit the hole, or walk around the foot of the mountain, but are you ready for a challenge?

Join the ultimate Torghatten experience. We start in the bus from the port and the guide share local history, geology and prepare you for the hike. The guided take you to the top of the mountain where you get the fantastic view of the Southern-Helgeland Area, and the regions strand flat. It is a steep and challenging track, but the reward is the most amazing view.

Then we walk down to the shoreline and start the hike to the hole after a short stop at the parking for refreshments.

Torghatten is one of many geological sites that are part of the Trollfjell UNESCO Global Geopark.

Good hiking shoes is a must and please wear clothes according to the weather.

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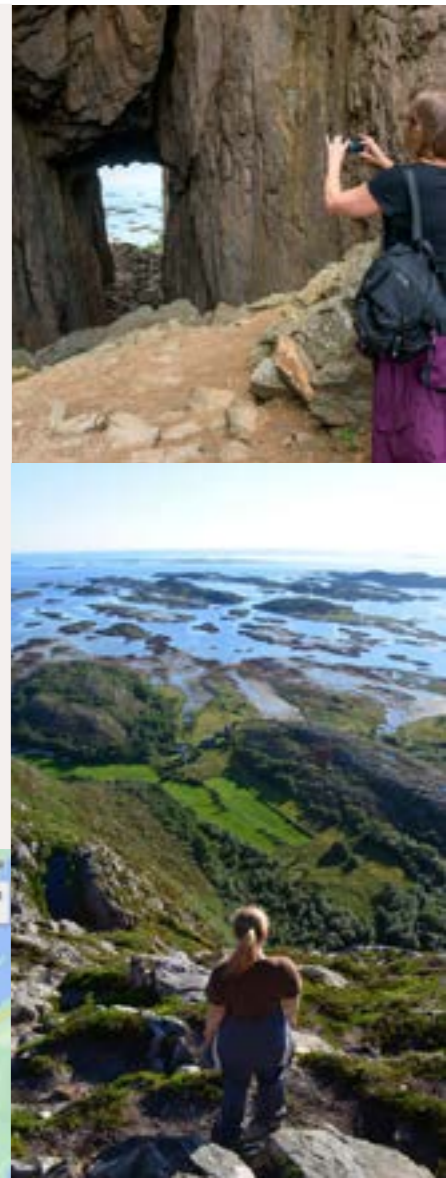
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Tour information:
Starts from: Brønnøysund
Duration: approx. 4,5 hours
Transport: Bus
Season: 1st of April-31st of October, when weather permits

Minimum: 25
Maximum: 90

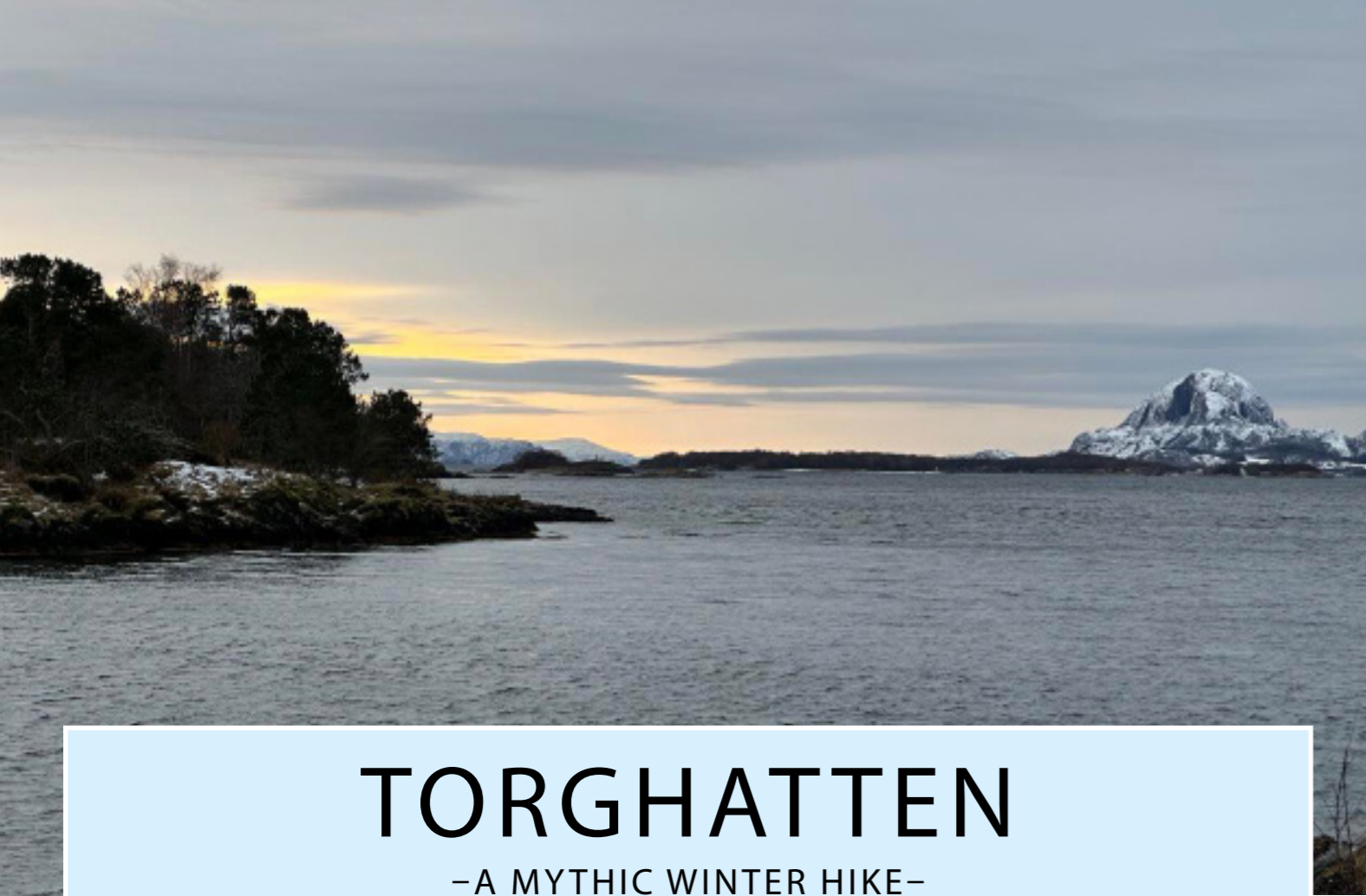
Level: 4-5



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TORGHATTEN

– A MYTHIC WINTER HIKE –

Torghatten is one of Norway's most iconic tourist attractions, known for its spectacular hole through the mountain. However, during the winter months, the hole itself is closed for visitors, but a hike around the mountain gives you a unique visit to this fascinating geological formation.



The tour starts off with a bus ride with a local guide from the port to Torghatten. Here we invite you to a walk along the edge of the around the hat shaped formation. We walk along the beach and close to the sea. The colours of the land and the sky varies every day and every hour. At the stop by the firepit, you get a taste of a local sweet cake and an insight into the mythic world in this region. Mythical creatures have given us many stories, and a lot of the locals still believe in the some of these old fairy tales. The walk continues, and the silence is welcomed as a friendly companion along our walk. The fresh air and the elements might trigger your own imagination, and who knows; maybe you get to see one of the local mythic creatures in the twilight of the afternoon.

Torghatten is one of many geological sites that are part of the Trollfjell UNESCO Global Geopark.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Transport: Bus
Season: 1st of November- 31st of March

Minimum: 15
Maximum: 90

Level: 3



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THE NORWEGIAN

– AQUACULTURE CENTRE –

The Sea and fishing tradition has for thousands of years been the primary source for food for the people at the coast of Norway. The Norwegian Aquaculture Centre invites you to get an insight into modern aquaculture and fish farming, which is the second largest export product from Norway.


In the beautiful surroundings along the Toftsundet strait, you visit a real fish farm and get a close-up experience with the Salmon fish farming process. At the end of the tour, you are of course welcome to taste the product.


The centre also has an indoor exhibition that consists of aquariums, a section which highlights the history of Norwegian fish farming industry, as well as the local history at destination. The centre has a small shop and a café.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 2,5 hours
Transport: Bus
Season: All year

Minimum: 15
Maximum: 90

Level: 1



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PANORAMA TOUR

– BRØNNØYSUND WITH A VISIT TO THE HILDURS HERBGARDEN–

This tour combines a visit to the Hildurs Herb garden and a panorama bus ride of Brønnøysund town and its surroundings.

Guests are welcomed onboard the bus at the pier by a local guide that will follow the group the whole time. Depending on the time of the day, we either go to the Herb garden first or start the tour with the panorama drive.

At the Herb garden the guide joins you on the walk in the garden, but you are welcome to roam around on your own. You will be invited into the Summer Café for tea or coffee and the cake of the day.

The panorama tour takes you through the town and we stop by the sign that marks Norway CenterPoint. We drive through the oldest part of the town, over the Brønnøysund bridge for the amazing view and end up by the Brønnøy church. We invite guests into the church for a mini concert before returning to the ship.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Transportation: Bus

Season: Last week of June to first week of August for visit to Hildurs Herbgarden. Bus panorama tour available all year.

Minimum: 25
Maximum: 90



TOWN WALK

– BRØNNØYSUND AND CONCERT AT BRØNNØY CHURCH–

Welcome to a walk through Brønnøysund town.

We invite guests to learn more about the town's history and do two stops on the way before ending up in the Brønnøy Church.

One of the stops is at the main office of the Trollfjell UNESCO Geopark where they display rocks from the whole region. Here you will get an insight into the huge variety in the geology of this part of Norway.

The other stop is at the Brønnøy Husflidslaget location, where locals meet every week to explore old handcraft.

While we walk through the old part of the town called Sørbyen, the guide shares stories from the town's history.

The end of the walk is at the Brønnøy Church where you are welcome to enjoy a miniconcert with local musicians or choirs.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Season: All year

Minimum: 15
Maximum: 20 per guide
Brønnøy church capacity: 400

Level: 1
Available for walking chairs and wheel chairs.



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HOME VISIT

– AFTERNOON COFFEE LIKE THE LOCALS –

Welcome to an intimate meeting with the locals from Brønnøysund. We walk in small groups from the Touristinformation in the centre of town and we are being welcomed inside the home by one of the residents of the household, to a cosy and informal coffee-time.

You may of course, enjoy a nice cup of tea instead of coffee to your homemade treat. However, coffee has been our local favourite beverage for the last decade as tea has been for other cultures.

Most of the time they served a "BLØTKAKE" at these afternoon gatherings, but every season have a special cake. You get to taste the hosts personal favourite, and we hope that you will like it too.

Local history, local traditions and a pleasant time in a slow pace.

After the home visit starts, we will take a short detour to the visit the Brønnøy Church and pass by the marble stone with the sign that marks the CenterPoint of Norway .

The Excursion includes one guide.

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Tour information:
Starts from: Brønnøysund
Duration: 2 hours
Walk
Season: All year

Minimum: 10
Maximum: 12 per one guide

Level: 1



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SKARSÅSEN

–BIKERIDE AND WALK ON WATER–

Come join a bikeride to the Skarsåsen recreation area and to the Trælvikosen jumping stones where you might be able to "walk on water"? We start from the pier and bike to the Skarsåsen area where one can enjoy the fantastic panoramic view of the Brønnøysund town and the endless view of thousands of islands. The Skarsåsen area is historic ground as it was one of the many German fortresses during the 2nd WW. The bikeride continues on downhill slopes to the Trælvikosen rest area and viewpoint.

Here you may explore the 55 jumpingstones that brings you out to a small skerrie. In the far distance, the view of the mountain Torghatten. Depending on the tide, sometimes it will look like you are walking on water. Will you have luck with the timing at your visit here? It is a sculptural project made by the National tourist Road Statens Vegvesen. It is a visual testament to the changing of the tide and maybe also a reflection of time itself? We invite you to enjoy some refreshments and get some renewed energy before we bike back to the ship.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 2,5 hours
Season: 1st of April - 31st of October

Minimum: 8
Maximum: 16

Level: 2-3



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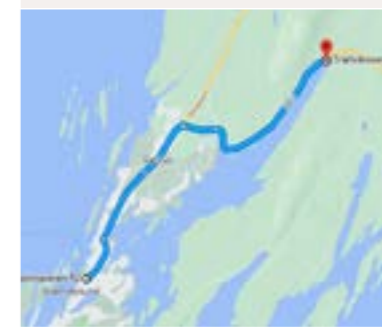




PHOTO BIKERIDE

– HIGHLIGHTS AND CLOSE TO NATURE –

Bike with a guide on a vivid tour along the beautiful coast and through town. The landscape is mostly flat, and an easy ride, but we also use slightly more challenging, narrow nature trails.

We get close to the islands, skerries, and get a view of Torghatten from afar. We will make several stops with great photo opportunities. You may see botanical gems and wildlife, depending on the season. We will then bike by the Brønnøy church and the old town. Towards the end of the tour, we will stop at the kiosk for the best soft ice cream in town.

The local guide shares information about our history and life in the Northern Norway. Each tour is customized to the time of the year and weather. The group meet the guide in town by the Tourist Information where guests get the bikes and stay with the group all the way from start to finish. For this tour we use hybrid bikes.

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Tour information:
Starts from: Brønnøysund
Duration: 3 hours

Season: 1st of April- 31st of October

Minimum: 8
Maximum: 16

Level: 2-3



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DRAGEREIRET

– MEET A MODERN VIKING –

On this tour you're invited into Kristins café to have a taste of how the history and landscape has shaped the food that she makes. The other part of the tour is a short hike, looking at the pot holes that that was the inspiration to the name: The Dragons nest.

In an unsuspected location, sheltered by the mountain the local guide brings you to a café inspired by the Vikings longhouse from recycled material. This café started as a vision and an empty farmland. However, this farm was already filled with plenty of Viking history, as it was here, they gathered before they went out on a hunt. So did the dragons, according to the landowner. The Dragon's Nest is the most famous pothole in the area, and it looks like the nest of a dragon. The track is not longlandscape is filled with nests, cracks, and golden ponds.

Good walking shoes recommended and please wear warm clothes even in the summer.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Bus
Season: 1st of April - 31st of October

Minimum: 24
Maximum: 45

Level: 1-2 Easy to walk, not recommended for wheelchairs



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A BIKERIDE TO HILDURS

– HERBGARDEN AND VISIT THE HISTORIC TILREMSJØEN–

On this tour we use bicycles to get to the Hildurs Herb garden. The guide shares the history of the herb garden and show you around on this beautiful place.

You are invited in to taste the cake of the day and a tea or a coffee.

We continue our bike ride and cross the road from the garden. Here we make a short stop at two historic places: the old ruins of the St. Knuts church and a rare triangle ritual formation from the pagan era.

At the end of this road, we get to the Tilremsjøen area. This used to be a hectic marketplace, but it is also a very tranquil and picturesque place with an amazing view.

It is time to return to the ship, and you may leave your bike on the key.

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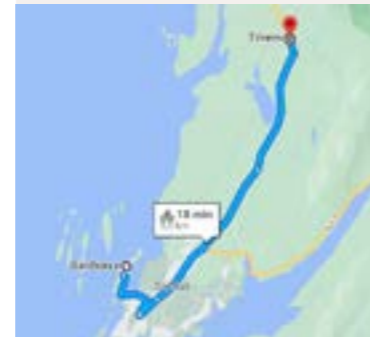
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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Transportation: Bike

Season: The end of June to start of August.

Minimum: 15
Maximum: 30

Level: 2-3



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RIB TOUR

– AMONG THE ISLANDS OF THE NORTH–

The Zodiac leaves from Gårdsøya Cruise Port and operate Among Islands of the North, South Helgeland with its 10045 Islands, islets and skerries.

The speed boat takes you out and close to some of the thousands of islands at the Helgeland coast. Narrow straits, white beaches and small houses characterize this archipelago. We go ashore on one of these deserted islands, close to the open sea to the west. Because of all the migratory birds, the islands are very fertile and gives the islands an exciting flora. We will get to know more about the landscape, the geology and the life of the people that have lived out here for thousands of years.

The Excursion includes the seat at the Rib and guide.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 1,5 hours
Rib

Season: All year - depending on weather conditions

Minimum: 12
Maximum: 36

Level: 2



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EXCLUSIVE YACHT

– TO TORGHATTEN WITH HELGELAND YACHT –

The yacht takes you on an exclusive journey to Torghatten. You can visit the hole and see the mythical hole in the Torghatten mountain from the sea side, in shallow water, between small islets and reefs.

The yacht docks at Torghatten and after a short walk, about 30 minutes, you are standing in the Hole itself!



Once back down, the manager of Strandrestaurant welcomes you and you will be served a 4-course tasting menu (small dishes). The menu has been designed especially for you by Torghatten Strandrestaurant. All ingredients are locally produced at Torghatten and the unique seafood is taken from the sea, right by Torghatten.

IMPORTANT:
When you board the yacht, please, take a deep breath..

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Season: June-September

Minimum:
Maximum: 12

Level: 2-3

(Level 1 = easy 5= hard)



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ROMANTIC ISLANDS

– HELGELAND YACHT –

Welcome to a unique and intimate island experience.

You and your special someone are welcomed on board with a glass of Prosecco and hereby invited to an exclusive journey - a journey among thousands of islands.

If you wish, the yacht can drop anchor and drive you ashore to spend some time on an island - completely alone.



The smell of the salty sea, the wind caressing you and you and your partner are just there - in the present - far away from everything - but close together - sharing a quiet moment in the endless universe of time.....

The captain picks you up on a signal and then introduces you to a good Champagne and locally produced snacks from the sea and agriculture on Helgeland.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Season: June - September

Minimum:
Maximum: 12

Level: 1



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LUXURY FISHING

– HELGELAND YACHT –

Do you have luck fishing? -or just sit in the lounge with a glass of Champagne and watch others fishing?

Come and join an exclusive fishing trip to a secret fishing place. In between the thousands of islands at the coast of Helgeland there are some places where there is a lot of fish. Will we catch them?

You will learn the process of fishing with a fishing rod, gut the fish and finally enjoy it in the local tradition with potatoes, sour cream, and flat bread. The locals seldom enjoy fresh fish with champagne, but you are welcome to try.

Contact Shore ex Brønnøysund for the South-Helgeland area: Vevelstad, Sømna, Bindal, Vega and Brønnøy municipalities:

tel. +47 905 93 289

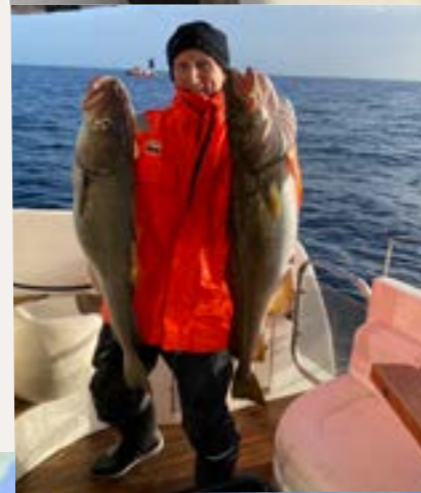
cruise.bronnoysund@visithelgeland.com

facebook.com/visithelgeland
@visit_helgeland

Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours
Season: All year

Minimum: 4
Maximum: 12

Level: 1-2



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A FUN DAY

– FOR ALL AGES –

The Svartopen recreation area is close to the towns centre and is used alle the time by the locals.

In Svartopen you are invited to try out kayaking or a Kanoo in a protected and safe area. The sea water in Svartopen is warmer than other places (on sunny days up to 20 degrees in the water) along the cost and if you are brave there is a diving tower that you can try out.

In the bay there are two sand beaches and around it you may explore some of the many hiking routes. One part of the route has an outside photo exhibition in the summertime, put up by the local amateur photo club. This is an excellent area for the whole family, and we invite guests to a typical Barbecue as the locals do it. We visit one of the caves where stone age people lived a long time ago.

The finale of this summer day in Brønnøysund, you will get to taste Norway's most famous soft ice cream before you return to the ship.

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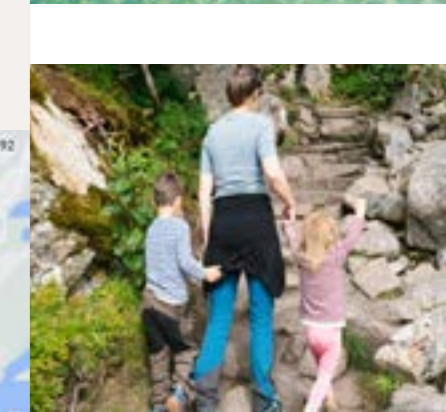
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Tour information:
Duration: 3-hours
Bike (Bus on request)

Minimum: 15
Maximum: 45

Included: Guide, bike, snacks and drinks, soft ice cream

The area has tracks and a fishing key that are accessible for wheelchairs. Some gravel on most tracks.



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KAYAKING

– AMONG THOUSANDS OF ISLANDS –

Islands of the North is the name of the coast of Helgeland sprawling archipelago, described as the world's most beautiful archipelago.

More than 24,000 islands, islets, and reefs, surrounded by shallow waters and adventurous coastal mountains. When the ice retreated along the coast after the last ice age, the land began to rise and ever more islands appeared. All resting on a shallow beach flat, perhaps the widest in the world.

With kayak you can take part in this life and travel silently through a unique landscape; smell the saltwater sea, hear the birds in the sky and sense the closeness to the waves, as they become a part of your body. Walking distance from the ship or kayaking south of Torghatten incl transport.

The Excursion includes kayak, guide, and safety escort boat

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tel. +47 905 93 289

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Tour information:
Starts from: Brønnøysund
Duration: approx. 3 hours

Season: All year round

Minimum: 6
Maximum: 24

Level: 2-3



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A PANORAMA BIKERIDE

– AND VISIT A LOCAL ARTIST –

The bike ride through Brønnøysund town stops at the best places, such as the sign that shows Brønnøysund is the Centrepoint of Norway and Brønnøy church. We do a short detour to enjoy the fantastic view from the Brønnøysund bridge.

We continue to the Laukholmen area south of the town centre and visit the local artist Inger Hilde at her picturesque old farm.

She invites us into her barn called The Hildurlåven, where we can enjoy some of her works. Inside the main house you get to see more or are welcome to enjoy the outdoor area.

A local snack and drink are offered which we can enjoy it outside if the weather permits.

On the way back we bike through the Svarthopen recreation area, and if anyone want to swim in the ocean, then this is the best place to do so.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 2,5 hours
Bike

Season: 1st of April - 31st of September.

Minimum: 10
Maximum: 12 per one guide

Level: 2-3



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SØMNA

– FISHING-FARMERS LIFE AND FLATBREAD BAKING–

We start this tour with a panoramic busride from the port to the picturesque Sømna area.

The rural Sømna museum lies beautifully beside the Church at Vik and has 12 old and restored buildings from the 19th and early 20th century. This museum provides an unique insight into the fisher-farmers lives, both men and women, and exhibit tools and artifacts that they used in their work.

The tour includes a demonstration of baking local traditional bread, as well as taste of local traditional treats.

A visit to the Vik Church, built in 1876 with a cruciform plan, is also included in the tour.

Local folk music available on special request.

The Excursion includes bus transport and guide.

Contact Excursions
Brønnøysund and
South-Helgeland:
tel. +47 905 93 289

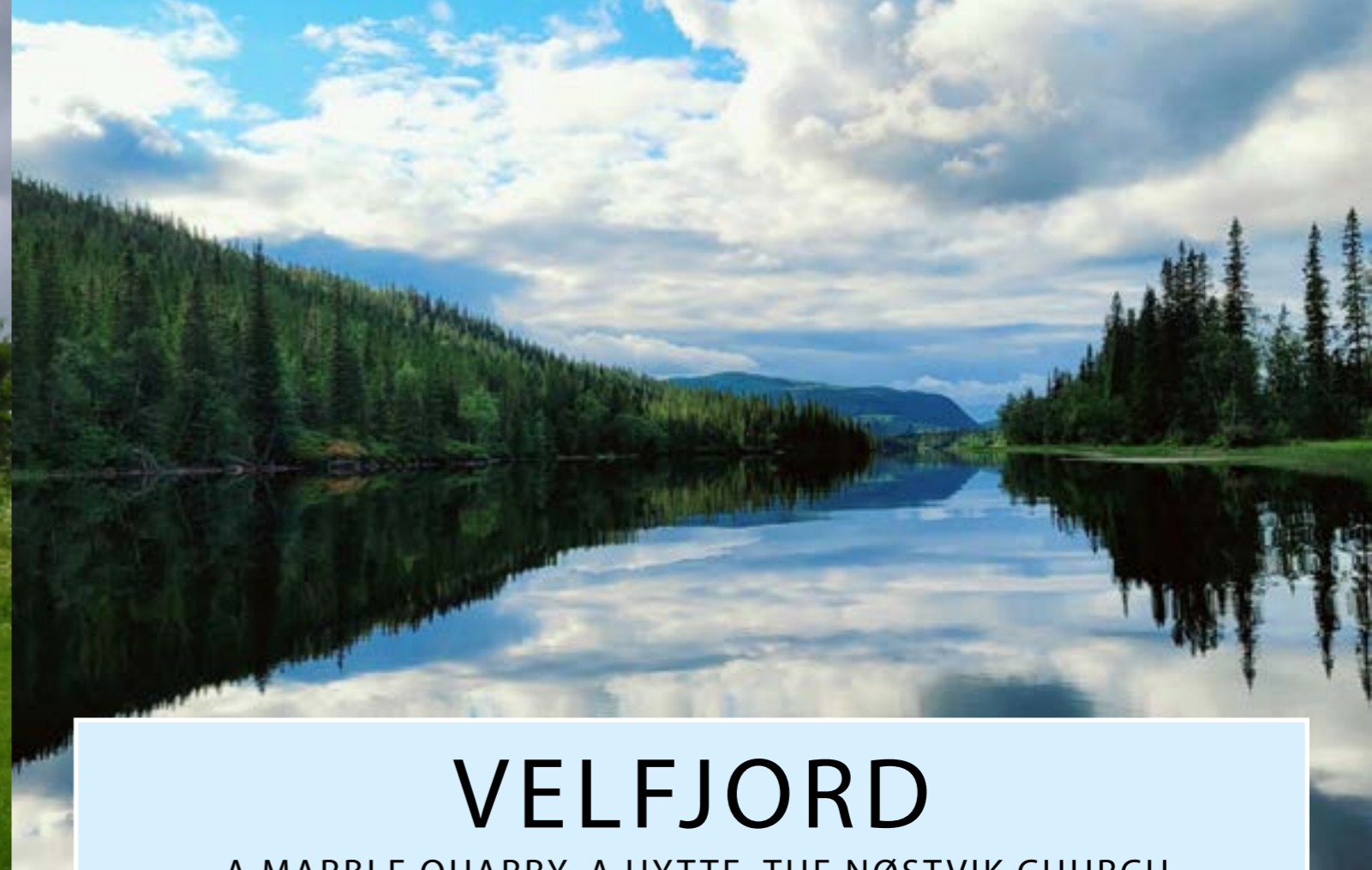
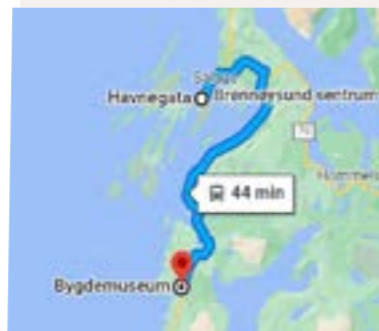
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Tour information:
Starts from: Brønnøysund
Duration: 4 hours
Bus
Season: June to August

Minimum: 25
Maximum: 94

Level: 1



VELFJORD

– A MARBLE QUARRY, A HYTTE, THE NØSTVIK CHURCH–

On this tour we invite you to the idyllic place called Velfjorden. The area consisting of a few but flourishing rural communities, seven fjords and blue landscapes. The guide shares old stories and tails and information about today's modern life in Velfjorden. The bus has been granted a visit to the local marble quarry. We will be driving through it with a local representative who will join us on this part of the tour.

Afterwards, we have a special invitation to a traditional Norwegian recreational cabin – a HYTTE. This is a generational cabin and shows us local ancestry. At the cabin you can to outside the beautiful scenery or look inside the buildings. You get to meet the owner of the cabin. Guests are welcome to taste the local char, the most tasteful of the salmon family, produced with water from a mountain lake. They are specially prepared for the geusts in courtesy of Persplassen café in Velfjord.

The tours last stop is at the oldest wooden church in Northern Norway, the Nøstvik Kirke. It will be 350 years old in 2024. Then we return to port.

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for the South-Helgeland area:
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Tour information:
Starts from: Brønnøysund
Duration: approx. 4 hours Bus
Season: 1st of May- 31st of August

Minimum: 24
Maximum: 45

Level: 1-2
Easy to walk, some gras or gravel



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LOMSDAL VISTEN

– NATIONAL PARK –

A rare nature experience awaits. The goal of the hike is the amazing "Tettingfossen" which lies in the edge of the National Park boundary. The 75-meter-high waterfall slopes down a steep edge, making it an amazing view. The water is clean and wonderful to drink. The area around the waterfall is exclusively mountain of lime, and the water drops from the waterfall provides rich conditions for everything that grows.


This hike is challenging, and for about 1,5 hours we follow an old forest road. The return is estimated to take about 40 minutes. The elg is often seen in this area, as well as many forest birds. On rare occasions you might get a glimpse of a bear, a wolf, or one of the lynxes that lives in this area. Distance is 1,8 km one way and 197 meters above sea level.


It is a physical challenging hike in nature.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 6 hours
Bus

Season: Summer

Minimum: 12
Maximum: 24
On request up to 47

Level: 5



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VEVELSTAD

– COASTAL HISTORY, GEOLOGY AND REALLY GOOD COFFEE –

We invite you to explore the Vevelstad area and one of the stops is at the Vevelstad bygdetun. Here one can explore the exhibition which consists of a variety of artifacts and buildings from the 18th-20th century. The distinctive Nordland-boats with very long Norwegian ship-building traditions are also at display here. The Vevestad church is at the same place as the museum, and this is a beautiful wood church built in 1796.



The other stop on the tour is at the Handelsstedet Forvik. This was an old trade post and here we get the cake of the day and taste coffee in the coffee brewery. This trade post has been in the family of the current owner for centuries and they always try to keep the place within the historic traditions, combined with modern life. Along the tasting of the coffee, you will get some of the coffee history and included is also the local history about when the coffee came to this part of the world.

Then it is time to return to catch the ferry and to get back to the ship at the port in Brønnøysund.

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Tour information:
Starts from: Brønnøysund
Duration: approx. 4 hours
Bus and ferry

Season: 1st of May- 31st of August

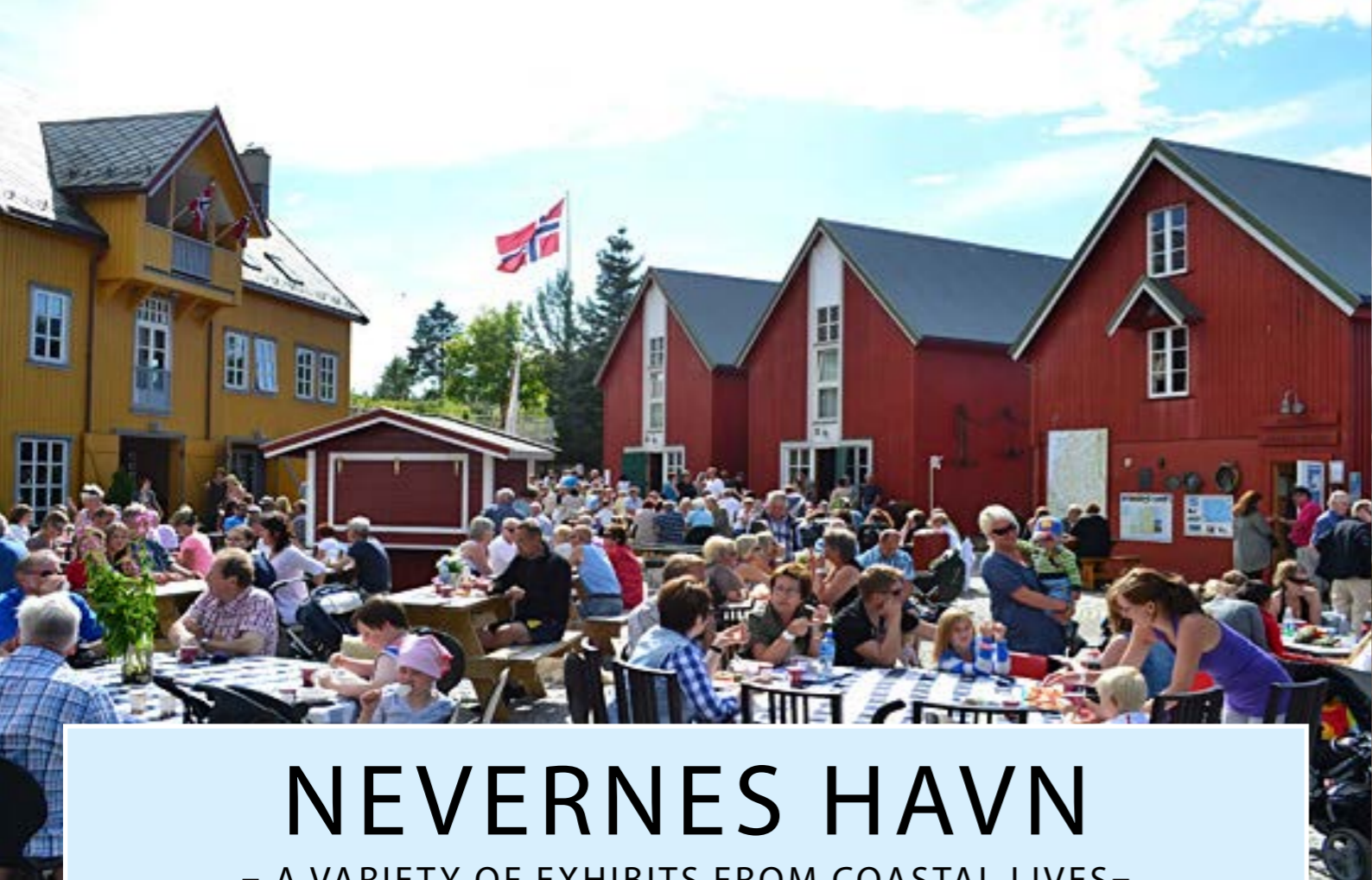
Minimum: 24
Maximum: 45

Level: 1-2
Easy to walk, some grass or gravel on the way



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NEVERNES HAVN

– A VARIETY OF EXHIBITS FROM COASTAL LIVES –

Nevernes Havn is a Centre for coastal heritage at Southern Helgeland. We find it in the Velfjorden area, along the coast of the idyllic fjord. Through extensive exhibitions with artifacts dating from the 18th century to the present, Nevernes tells the story of the people of Helgeland, during times of peace and war.

Nevernes was once a commonly used harbour for local fishermen, and has an exhibition of local fishing boats, nets, and other artifacts. The Brattås House is a farmhouse from 1850 with inventory, metal, and wooden tools. There is also an exhibition on carpentry and shoe making, along with a blacksmiths cabin. The Nevernes Gallery exhibit both naturalistic visual art and occasionally modern art as well. Nevernes Gaard features an exceptional collection of war memorabilia from World War II, with displays Norwegian and European uniforms, personal effects, equipment, and small firearms. Easy walk.

The Excursion includes bus transport and guide.

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Tour information:
Duration: 4 hours
Includes: Bus, coffe/tea and local snack.
Season: End of June - start of August
Minimum: 20
Maximum: 47
Most areas accessible for wheelchairs. Some houses at have stairs and one nature path, not suitable for wheelchairs.



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THE VEGA ARCHIPELAGO

– WORLD HERITAGE AREA –

The Vega archipelago was inscribed on the UNESCO List of World Natural and Cultural Heritage in 2004. The archipelago reflects the way generations of fishermen/farmers, over the past 1500 years, have maintained a sustainable living in a seascape near the Arctic circle, based on the now unique practice of eider tending.

A visit to Vega offers an exciting insight into the area and the tradition of eider tending with the following options:

Guided tour at Vega World Heritage Centre is recommended as this is the main exhibition.

On request we can arrange:
Guided hike to Holandsosen nature reserve.
Guided hike to Guristraumen
Guided bike ride to Vega Church (10 km)
Guided tour to The Vega Staircase (extra charge)
These are only available for limited groups of max 20 PAX at one time.

Please contact us for more information on this excursion.



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Tour information:
Starts from: Brønnøysund
Duration: approx. 4-6 hours
Bus, Ferry or Boat
Season: The end of June to start of August.

Minimum: 25
Maximum: 90

Level: The centre is wheelchair accessible; the walks are not.



WELCOME

– TO THE SOUTHERN-HELGELAND –



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